



Products for the Nutrition Program

Worksheets for the Nutrition Program

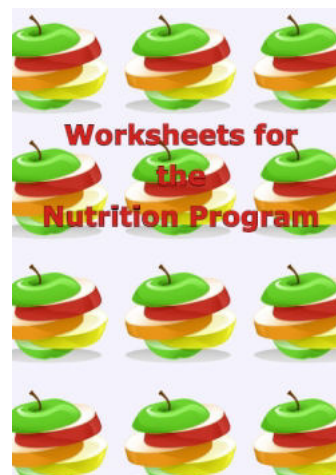
26 pages of worksheets, including a crossword and quick quiz.

Getting started with a smoothie,
Tuna pasta bake,
Make a healthier scones recipe,
Veggie and beef burger, - recipes to lower the fat,
lower the salt,
Looking at allergens,
Costing worksheet,
Compare school lunches,
Your diet,
Nutrition Crossword and Quiz.

Book £15

CD £15+VAT = £17.63

Download £10 - available on the internet.



Getting started video presentation

A presentation you can use to show students how to use the Nutrition Program.

Includes 4 video clips showing step by step instructions on how to use the program.

Tasks
Getting started with a smoothie,
Changing a scone recipe to make it healthier,
Carrot cake costing to work out the cost of the recipe,
School lunch - looking at the nutrition of a school lunch.

Each task comes with a printable worksheet for you to download and use in class.

CD £15+VAT = £17.63

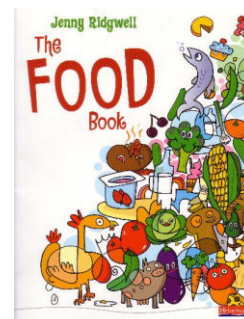
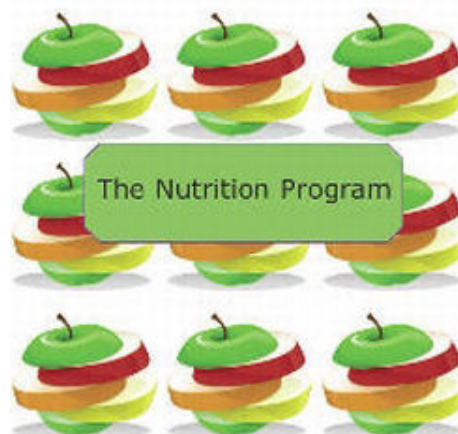
Download £10 - available on the internet.

The Food Book by Jenny Ridgwell

The food book offers up to date, information on a wide range of food products, the latest nutrition information including GDA and the traffic light system as well as a multicultural approach to the foods that we eat in Britain today.

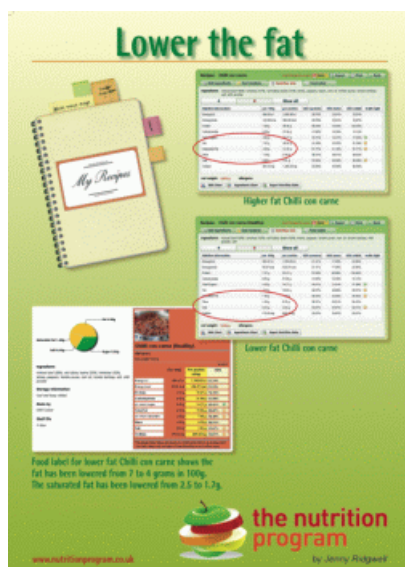
Suitable for Key stage 3 - in full colour.

Book = £10.99



Nutrition Posters

Four full colour A3 food posters showing Diet Analysis, Design a Food Label, Cost a recipe, Lower the fat. £5 +VAT = £5.88



Order form

		Tick
Worksheets for the Nutrition Program - book	£15	
CD	£17.63	
Getting started video presentation CD	£17.63	
Posters set of 4	£5.88	
The Food Book	£10.99	
Postage		£6.50
total		

Payment for Digital downloads can be made **online** for immediate use.
Downloads cannot be included in the invoice.

If you want to be invoiced for payment please complete the details below.

Name

School

School address

.....

Post code

Telephone

Payment

I want to pay by Cheque*

Purchase Order Number

Bank Transfer**

*Please make cheques payable to "Nutrition Program Ltd" and return to the address below.

**Bank Transfers should be made to Sort Code 12 14 82 Account Number 06846930

The Nutrition Program, Earlstrees Court, Earlstrees Road, Corby Northants. NN17 4HH

Tel 01536399017 Fax 01536399012